

Feeding Chart for Lebenswert Stage 1				
Age	Amount of Water (ML)	Measuring Spoons*	Ready to Drink Food (ML)	Meals Per Day
1 Week	Under Advice of your Doctor Only			
2-4 Weeks	95	3	105	5-7 Meals
2 Months	125	4	135	5-6 Meals
3-4 Months	155	5	170	5-6 Meals
After 4 Months	190	6	205	3-5 Meals

*Measuring Spoon is 4.6g

The Quantities of daily feeding are shown for guidance only. Minor deviations are perfectly safe.