

Feeding Chart For Holle Stage 1				
Age	Quantity of water (ML)	Measuring Spoon*	Prepared Product (ML)	Bottles Per Day
1 Week	Follow Your Doctors Advice			
2-4 Weeks	90	3	100	6-7 Bottles
Month 2	120	4	130	5-6 Bottles
3-4 Months	150	5	165	5-6 Bottles
4+ Months	180	6	200	4-5 Bottles

*1 Measuring Spoon=4.4 G

The Quantities of daily feeding are shown for guidance only. Minor deviations are perfectly safe.